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ROOMS WITH A VIEW

A look inside the Nova Centre as construction continues

metroNEWS



JEFF HARPER/METRO

City's field of dreams

INFRASTRUCTURE

Businessman floats idea of private funds to build stadium



Yvette d'Entremont
 Metro | Halifax

Love the idea or hate it, talk of a stadium being constructed in Halifax is a conversation starter.

Mayor Mike Savage said on Wednesday that local businessman Don Gardiner of Gardiner Atlantic Consulting Group had spoken with him "a couple of weeks ago" about the idea of bringing private money to build a stadium.

It's believed it would be in the 20,000-seating range.

"He wouldn't give me much information, nor should he at this point. It's all very early and

speculative but if he can pull private money into the city, I'm all for private investment," Savage said. "I don't know where he's looking at doing it. It was mentioned Dartmouth Crossing but I'm not involved in it, I'm not running it, I'm not pulling the strings on it. I'm obviously interested in it, but I don't know anything more than that."

While he frequently hears talk about a stadium both pro and con, Savage said it's mainly on the pro side.

"At this point in time it's not on the agenda of council, but if the right proposal came forward, particularly private money, we'd look at it," he said.

The mayor said a failed stadium proposal dating back to 2011 would have involved \$20 million each from all three levels of government, which makes private investment all the more attractive.

"But I think it's a long way from happening yet," he said.



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HOMICIDES IN HALIFAX

Graffiti artists painting change one step at a time

MEMORIAL

Work set to begin Friday on Tyler Richards wall mural



Jeremy Mutton
For Metro | Halifax

Sitting on a concrete stairway in Mulgrave Park, the first thing one notices are the flowers.

Floral tributes to Tyler Richards, wilted and brown, are taped to the chipping green paint of the railings and carefully placed on the ground, hugging a non-descript brick wall.

They call it The Steps, and it's where Jeremy Williams spent

most of his time with Richards.

The bouncing of a basketball can be heard. A girl and boy, neither older than 10, play keep away and shoot on a bent hoop with no netting.

This weekend a mural in memory of Richards will be painted on the brick facade.

The former point guard played two seasons with the Halifax Rainmen. In university, he was a four-time conference all-star for the St. Francis Xavier X-Men.

He was shot and killed April 17. He was 29 years old.

When they were kids, Williams said, everyone age seven to 25 would be at The Steps, talking and goofing around.

"That's where everyone congregated in the summers. That's where everybody went after practice. It was always the place to go," Williams, 24, said

Wednesday.

The two buddies, brother Michael Richards, and two other friends called themselves the Wild 4.

"I was five years their minor, so I always looked up to those

guys. I would always try to become those guys."

The Steps will forever remind Williams of what Richards was all about.

"He was one of the first people from my area, who I grew up with, to become an educated man," Williams said.

Williams said he wouldn't have gone to university if it weren't for the leadership of Richards. Williams just graduated from Saint Mary's University. He played outside linebacker for the Huskies football team.

He recalled the influence Richards had on him, but also how limited social outcomes can be for those without a similar role model.

"You look around the room and I know that probably half of the people at that funeral have to go to three other funerals this week, so it's like, it's time to change this. This shouldn't be happening to us. We should be ahead of this by now."

Williams sat in a back room after his friend's recent wake, reminiscing with close friends.

"We talked about how Tyler is the reason we all went to university; he pushed us to become great athletes and great academic students. So you kind of sit there and think, what can you do to give back?"

Williams organized a 500-strong Facebook group. A GoFundMe campaign helped raise money, along with individual donations and a barbecue fundraiser for the mural. Painting by graffiti artists Mike Bart and Joey Cook of The Blackbook Collective starts Friday.

For Williams, a high school diploma was all his mother expected of him. He wants to engage youth to exceed expectations.

"I want to help these kids and push them to the next level. I want to be that pillar like Tyler was for me, saying, 'Go to university, be better,'" he said.

"It's my way of saying thank you for being the inspiration for who I am today."



Police investigate a shooting Tuesday night, on Gottingen Street near Charles Street in Halifax. JEFF HARPER/METRO

POLICE

Shooting links not ruled out



Kristen Lipscombe
Metro | Halifax

Halifax Regional Police aren't ruling out a potential link between Tuesday night's shooting and other recent violence across the municipality.

Officers responded to several reports of shots fired in north-end Halifax at about 7:15 p.m.

Shortly afterwards, they found a car with its windows smashed out and its driver suffering from non-life threatening gunshot wounds in the area of Charles and Gottingen Streets, police said in a news release.

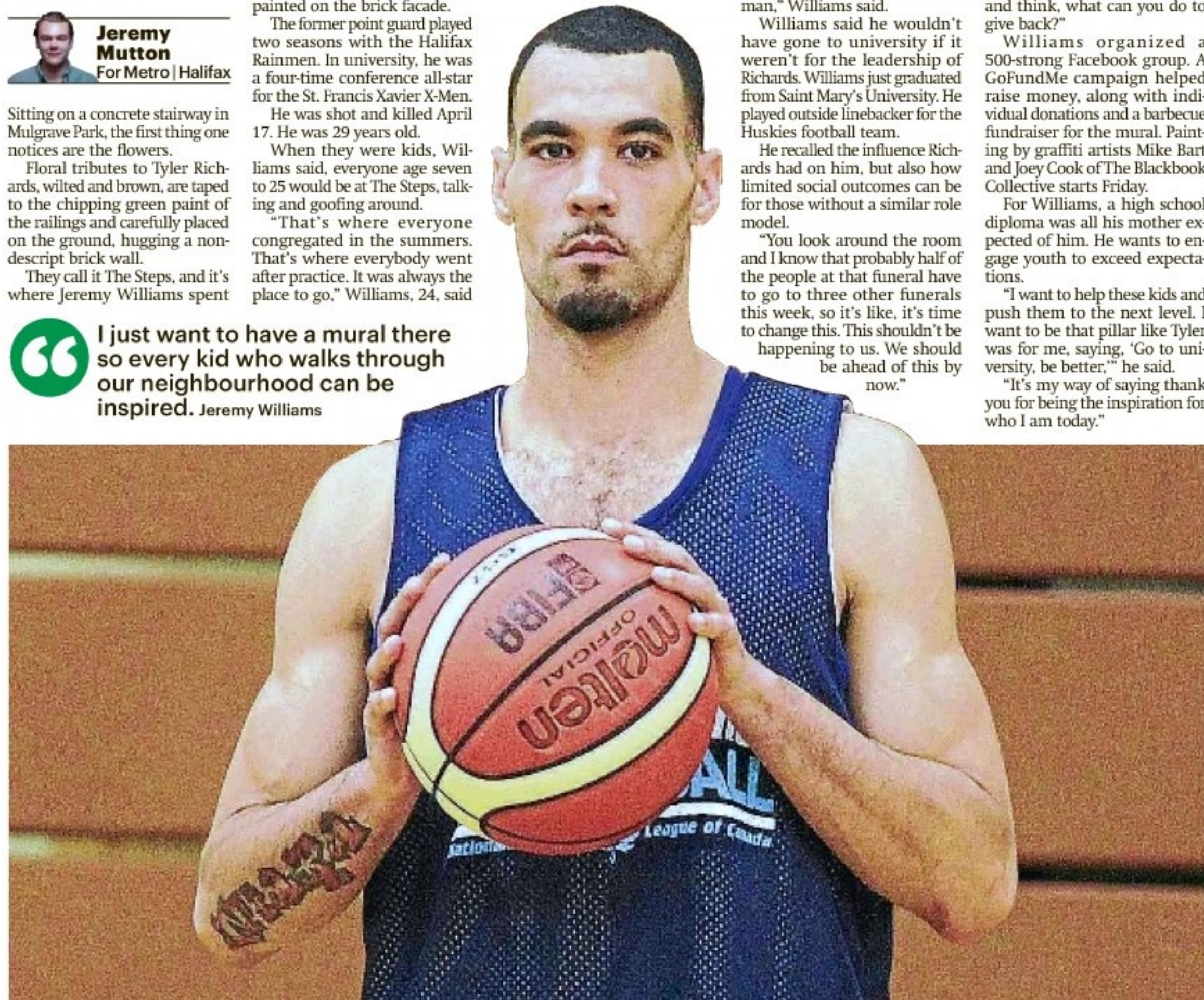
"At this point it's pretty early in the investigation," Halifax Regional Police spokeswoman Const. Dianne Woodworth said Wednesday of whether this week's shooting could be related to a rash of others over the past couple of months, including four murders added to the province's Major Unsolved Crimes Program. "Our investigators would look into any similarities or commonalities (among) the ongoing investigations," Woodworth said.

No updates on the most recent shooting were available from police Wednesday.

The 20-year-old Halifax man who was behind the wheel of the white hatchback ended up in hospital for treatment of his gunshot wounds, while police were on the look-out for two male suspects Tuesday night.

+ HAVE A TIP?

Anyone with information should call Halifax Regional Police at 902-490-5020 or Crime Stoppers anonymously at 1-800-222-8477.



Former Halifax Rainmen player **Tyler Richards** is one of the recent homicide victims. The body of the former basketball standout was discovered April 17. METRO FILE

SEXUAL ASSAULTS

Low rate of charges disturbing: Whalen

Police statistics that show only 22 per cent of sexual assault cases in Halifax have led to charges over the last five years are disturbing, says Nova Scotia's justice minister.

Diana Whalen was reacting Thursday to statistics that show less than a quarter of sexual assaults reported to Halifax Regional Police and Halifax RCMP from 2010 to 2015 resulted in charges, while another 73 per cent were closed. Police said five per cent of cases remained open.

Whalen said her department is currently looking at how Nova Scotia compares to other provinces in dealing with sexual assault cases.

While not specific about possible steps, Whalen didn't rule out the possibility of looking at a sexual assault court, adding that other specialty courts have already been established for domestic violence, mental health and drug addiction.

Whalen said how people dealing with sexual assault are treated in conventional courts has been a concern of hers over her years in public life.

Theresa Rath, a spokeswoman for the Halifax police, said officers are trained with



Justice Minister Diana Whalen. THE CANADIAN PRESS

a victim-centered approach, where officers will drop charges if the person making the allegations requests the investigation be dropped.

"If at any time the victim says they don't wish to continue the police investigation, then we support that with no questions asked," she said.

"That's one possible reason our numbers are a little bit different ... If we were to force things through the court process, we would re-victimize the victim."

Rath also said that another reason cases are dropped is because there isn't sufficient evidence to proceed.

THE CANADIAN PRESS

CRIME

Windsor man found fit to stand trial

A Windsor man facing several sex-related charges has been found fit to stand trial. Garnett Frederick Smith, 66, will be returning to court on May 31 in Windsor to set a trial date.

Smith was previously in Kentville court on May 12, where it was determined the Not Criminally Responsible (NCR) report that was conducted was invalid.

The mental assessment

was initiated to show whether or not Smith was criminally responsible for the charges that are currently before the court.

Smith faces eight charges, including: touching for a sexual purpose, invitation to sexual touching and committing an indecent act after he allegedly exposed himself to a young girl at the Hants Exhibition Arena.

None of the charges have been proven in court.

TC MEDIA



The Otter Lake Waste Facility's front-end processing facility. METRO FILE

Otter Lake landfill bill sparks heated debate

BILL 176

Council writes to province outlining its concerns



Yvette d'Entremont
Metro | Halifax

A special Halifax regional council meeting to discuss a provincial bill dealing with the Otter Lake landfill got a bit heated Wednesday.

After almost two hours of debate, 15 councillors out of 17 agreed to send a letter to the provincial government to express concerns about how

Bill 176, the Otter Lake Landfill Act, was handled and how it may impact Halifax Regional Municipality.

The Private Member's Bill was introduced by Timberlea-Prospect MLA Iain Rankin, son of Coun. Reg Rankin.

Described as "an act to maintain the current footprint and certain requirements of the Otter Lake Landfill," it would, among other things, limit the height of the landfill to its currently allowed 113 metres.

The bill received its third reading on May 13, and many councillors didn't learn about its existence until late last week.

Coun. Jennifer Watts asked for the special meeting after learning about the bill for the first time. She said her reasons included possible implications

the provincial legislation would have on the municipality, a lack of details about the bill, and the fact not all councillors were aware of it.

"I've never seen anything exit the house with such velocity ... This went through way quicker than anything I've ever seen," Coun. Wayne Mason said.

More than one councillor, including Bill Karsten, described the mood in the council chamber as "sombre."



I've never seen anything exit the house with such velocity.

Coun. Wayne Mason

"I want to be very careful in my comments because I think we can get past this, but for today with the sombre mood that I feel, quite frankly, it is a very, very sad day as it relates to what in my mind (is), the 'partnership' that we're supposed to have with the province of Nova Scotia," Karsten said.

The motion to write a letter to the province outlining council's concerns passed 15-2, with councillors Reg Rankin and Steve Adams opposed.

Mayor Mike Savage said the letter would speak to three main concerns: the lack of formal consultation with the municipality, concern over the potential financial implications, and the fact the bill may not be in line with the city's solid waste policy.



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No talk of depression: student agreements

MOUNT SAINT VINCENT

School shifts policy after story goes public

A Nova Scotia student who faced eviction from his university residence if he talked to his peers about his mental health issues says he's glad Mount Saint Vincent University is overhauling its so-called wellness agreements after he went public with his story.

Brody Stuart-Verner said Wednesday he was struggling with depression and suicidal thoughts last fall when he sought help from a residence assistant, and was later taken to the Queen Elizabeth II Health Sciences Centre in Halifax.

When he returned, the 19-year-old said he was asked by a residence manager to sign the agreement, which stipulated he not talk to other residence students about personal

issues, "namely the student's self-destructive thoughts."

The agreement, dated Oct. 5, 2015, also stated that he should instead call the Kids Help Phone or a mental health crisis team, and then security if he still had suicidal thoughts.

"I laughed when I first read those first two stipulations because I knew there was something fishy about them, but at the time I trusted them," he said in an interview from Charlottetown where he is working for the summer.

"I went a whole year not talking about it because if I did talk about the agreement I would have been removed from residence."

The confidential agreement also orders him to attend counselling and follow up with a family physician.

"I wanted to get better and I'd never been presented with an agreement like this before," he said. "And I felt that they knew what they were doing. They're in charge of many residents."

Stuart-Verner, a third-year

"I went a whole year not talking about it because ... I would have been removed from residence."

Brody Stuart-Verner

student of public relations, said a university official called him Wednesday to apologize for how the incident was handled.

"She said, 'We take responsibility for this,'" he said, quoting Paula Barry, associate vice-president of student experience. "She also told me that a policy like the one I signed will not be used again at Mount Saint Vincent University."

He said Barry also asked him to take part in a process to draft a new wellness policy.

A university spokeswoman later confirmed the wellness agreement forms will be revamped. THE CANADIAN PRESS



OUTDOORS A TASTE OF SUMMER People take advantage of the warm weather in Halifax to enjoy lunch at Grand Parade in downtown Halifax on Wednesday. Environment Canada is calling for temperatures to go into the 20s by Saturday. JEFF HARPER/METRO

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CRIMINAL COURT

Bail granted over school threats

An 18-year-old man has been granted bail after being charged with conspiracy to commit murder in a case where police say weapons were found near a Halifax high school.

Jonathan Murray, who is also charged with two counts of uttering threats, was granted bail on Wednesday in Nova Scotia Supreme Court by Justice Nick Scaravelli.

Chris Hansen, a spokeswoman for the Crown prosecution services, says that Murray was ordered to stay at least 100

metres away from Millwood High School in the suburb of Lower Sackville, and is banned from having weapons or possessing any drugs or alcohol.

Murray, who had been living in Dartmouth, will be on house arrest at his parents' home in a subdivision of the Hammonds Plains neighbourhood.

Hansen said Murray returned to jail on Wednesday evening, as he faces a bail hearing on Thursday on two unrelated charges of luring children over the Internet for

sexual purposes.

The high school in Lower Sackville locked its doors and went into emergency mode on April 5 after police received a report that there were people in the area with firearms.

A 15-year-old boy from Lower Sackville and a 17-year-old boy from Halifax are also facing charges of conspiracy to commit murder and face weapons charges in the case.

The boys' identities are protected under the Youth Criminal Justice Act.

THE CANADIAN PRESS

IN BRIEF

Man arrested over gun seen near school

A 21-year-old Nova Scotia man is facing several weapons charges after allegedly being spotted carrying an assault rifle outside of an elementary school Tuesday afternoon.

Officers arrested him shortly after 2 p.m., when they responded to a call indicating that he had been walking in the area of Digby Elementary School, carrying the gun and a duffle bag, according to a Nova Scotia RCMP news release.

Officers found the man unarmed on trails near the school, also finding the unloaded semi-automatic rifle, ammunition and the accompanying duffle bag in a nearby wooded area, the release said.

METRO

Apartment tenants attacked by man with rock

Police say a man attacked two people inside a Halifax apartment with a rock on Tuesday night.

Around 11:20 p.m. police say the suspect knocked on the door of an apartment in

the 1200 block of Edward Street looking to speak with someone who lived there.

"The suspect kicked the door open and assaulted two tenants with a rock. One victim was taken to hospital with non-life threatening injuries to his face," a release from Halifax Regional Police stated.

Police have a limited description of the suspect: man between the ages of 35 and 45, about six-foot tall, dirty-blond hair and was wearing a white shirt and faded blue jeans.

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Nova Centre: View from the top

CONSTRUCTION

Metro takes a look inside the new facilities



Haley Ryan
Metro | Halifax

The open-air elevator lurched upwards, sunshine bouncing off the glass of the office tower, as Halifax's rooftops fell farther below and the sparkling harbour came into view.

Reporters were led on a tour of the Nova Centre in downtown Halifax on Wednesday after a Halifax Convention Centre update with Scott Ferguson of Trade Centre Ltd. and Joe Ramia, president and CEO of Argyle Developments Inc.

"Months ago, maybe folks didn't even understand what the space was about, and now the building is dominant in the downtown core," Ferguson said in the lofty ballroom.

"It was time to get in and have a look at it."

Although the construction has meant headache for many business owners surrounding the project, Ferguson said the opening date is around the corner, in February 2017, and "it certainly will be worth it, that's for sure."

Approaching from Argyle Street, the building is still covered with debris and dust, but the bones of what the rooms will look like are mostly in place.

Visitors will walk into the large lobby with a 60-foot wooden wall made of local materials, Ramia said, and either take wide

escalators up to the Grafton Street plaza, use the meeting rooms on that first level, use the pedway system, or head down a floor to the main Convention Hall with 160-foot ceilings and a secondary hall adding up to 37,000 square feet of space.

Joni Mattatal and Jennifer Lambe of Hal-Con, both sporting pink hard hats, gazed around and took photos of their geeky event's future home.

Lambe said the facility looks "beautiful" already, and was happy to see the hall is more accessible, with no pillars in its centre, and can allow them to increase capacity from 8,000 to 12,000.

"This will allow us to grow as to what we can be, and that's really exciting," Lambe said.

The group took side stairs up to the Grafton Street plaza, an open-air, covered space where street festivals and concerts can spill into, Ramia said, holding 2,000 people and eventually featuring waterfalls on either end.

Ferguson said they hope the public uses the Argyle lobby and Grafton plaza as a "thoroughfare" to check out the shops and eateries that will eventually go there.

"I think it will be a big draw, because I think if you want to watch the Tour de France, want to watch NHL hockey, do some celebratory things ... that will be the space to do it," Ferguson said.

The next floor up is the ballroom level, which can hold about 2,000 people at once in the 40,000 square-foot space and has high-tech LED lighting that changes colours and uses projections to adapt to each event, Ferguson said, which is a unique



Media and guests of the Nova Centre check out the construction in progress on Wednesday. JEFF HARPER/METRO

feature in Canada.

As with every level, the floor-to-ceiling tinted blue windows let natural light pour in across the whole space and allow for great views looking down onto the patios of Argyle Street, and across rooftops to City Hall and the waterfront.

The Summit Level above the ballroom is the final level of Convention Centre space, with more meeting rooms and an executive boardroom.

The group then boarded an exterior elevator to rise up the last few storeys of future office space to the 14th floor, with amazing views reaching across the harbour to Georges Island.



The Convention Hall level. For more photos and video from the tour visit metronews.ca. JEFF HARPER/METRO

CAPACITY

Hosting 40,000 delegates

The developer and convention centre tenant for the Nova Centre remain confident the facility will be ready by early next year, and say their target of delegates has been reached for Year One.

During a Halifax Convention Centre update Wednesday, dignitaries including Mayor Mike Savage joined Scott Ferguson of Trade Centre Ltd. and Joe Ramia of Argyle Developments Inc. to talk about the benefits of the building drawing new visitors to Halifax and Nova Scotia.

"I think this city can be the finest convention city in the entire country," Ferguson told reporters after the event.

Ferguson said they have booked 50 national and international conferences to date over the first three years starting in April 2017, which will bring 40,000 visitors generating an estimated \$59-million in spending.

Within the last few weeks, they bypassed their delegate projection for Year One, Ferguson said, with 17,900 delegates confirmed.

Ramia said although a firm opening date will likely come this fall, he's confident the Nova Centre will be finished by the end of February 2017.

He said some of the delay on the \$169-million project has been thanks to harsh weather and a labour shortage, but they're still on track.

Although the hotel tower has yet to be glassed in and is lagging behind the convention centre building, Ramia said the priority has been to make sure conferences go ahead on time. HALEY RYAN/METRO



Developer Joe Ramia JEFF HARPER/METRO

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PETS

Yarmouth cat thinks outside the litter box

Penny the cat is so smart, she sometimes pretends to go potty just to receive a treat.

Her owner, former Yarmouth County resident Michelle LeBlanc, says when she arrives home from work Penny will greet her lovingly for two seconds and then runs to use the toilet.

"She'll go when I'm not home sometimes but then ... no reward," said LeBlanc.

"Also I've been tricked by hearing and seeing her around the toilet and she'll come running up for a treat, but when I go and flush for her there's nothing. Outsmarted!"

LeBlanc, who now lives in Sault Ste. Marie, received the kitten as a present from her sister in September 2013.

Penny "loves to watch birds" and has an outside cage that LeBlanc refers to as Penny's Sunroom. The cat wakes her owner every day at 5 a.m. for breakfast and is very talkative, usually vocalizing with soft "murr-murrs" instead of meowing.

LeBlanc began toilet training Penny in February 2014 and says it took about a month.

"I was watching cat videos on YouTube and the clips just kept coming up. I thought... Penny could do that."

LeBlanc bought a bowl from the dollar store and set it in her toilet with litter inside the bowl. She planned on putting a little less litter in the bowl every day until there was nothing in it. Eventually she would remove the bowl. That was the plan.

"It wasn't easy. There were many 2 a.m. wakeups, chasing a meowing cat around the apartment and putting her on the toilet. One roadblock was when we got to the point where no litter was in the bowl. She resisted the most at that point," said LeBlanc.

Her success is a source of great curiosity to her friends, she says.

"I tell people you're not training your cat to use the toilet. You're training out the need for them to scratch and cover it up."

TC MEDIA



Penny the toilet-using cat. TC MEDIA



Const. Catherine Campbell was employed by Truro police when she was killed in Halifax. FACEBOOK

'Cool' idea to honour Catherine Campbell

COMMUNITY

Kids' stickers carry fallen officer's badge number

Junior constables associated with local peace officers have reason to wear their badges with pride. New stickers in the form of

a badge, distributed to children by Truro Police Service, have a special feature: they bear No. 137, the badge number worn by Const. Catherine Campbell.

"I think it's cool," said Const. Karen Harling. "Now, every time one of these goes out, part of Catherine does too. That was always important to her, building the rapport with youth."

Campbell had worked for the Truro Police Service for six years

when she was found dead in September in Halifax. A man stands charged with her murder.

It was Harling and Const. Edwin Reynolds who suggested Campbell's badge number when ordering new stickers for the program. The stickers match badges officers now wear daily. Given the chance to include a number in the design, this one seemed fitting.

TC MEDIA

+ POLICE WEEK

Stickers available in the next few days

On Thursday and Friday from 6:30-9 p.m., Truro Police and Colchester RCMP be at the Truro Mall. On Saturday, Truro Police Service is hosting an open house at the station from 10 a.m. to noon. TC MEDIA

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10

Canada **metro** NEWS

Woman's story sparks debate

OTTAWA

Jenna Vecchio was told by gym her attire was inappropriate



Joe Lofaro
Metro | Ottawa

Social media was abuzz Wednesday after an Ottawa woman who was told by gym staff that her breasts were too large for her tank top went public with her story on Facebook.

As Metro first reported, Jenna Vecchio says a staff member at the Orleans Movati approached her and her husband last Saturday and said other members apparently reported they were offended by her attire.

Vecchio said in an interview she felt "humiliated" and singled out, as other women in the gym at the time were also wearing tank tops.

"What a terrible thing to happen. What would happen if a stomach was too big for the shirt or their muscle too big and they have (a) sleeveless shirt ...



Jenna Vecchio JOE LOFARO/METRO

Where would they stop," wrote Steven Boucher on Facebook.

Facebook user Christian Tomiak said, "How about people start working out and stop going to look at people. If you're in the zone no one around you exists. People are too sensitive these days live your life and

deal with sh-."

The story sparked a heated debate online about body image and even caught the attention of one British newspaper, The Independent.

Vecchio also shared her story Wednesday in an interview with a Toronto talk radio station.

PARK

Yellowstone assessing hot spring

Yellowstone National Park rangers have not been able to contact or locate a group of men from Vancouver who allegedly walked onto a sensitive hot spring, and it's possible they have returned to Canada, a park official said Wednesday.

"It looks like from their social media feed that they were already back in Canada when

the warrants were issued, but it is just really hard to say," Yellowstone spokeswoman Charissa Reid said.

Rangers filed a criminal complaint Monday against three members of the group known as High on Life SundayFundayz for leaving an established boardwalk and stepping onto a geothermal feature where

they allegedly snapped selfies and took video of themselves last Saturday.

The group initially posted pictures and video of their trek out on the Grand Prismatic Spring on social media, but all images that showed the men were later deleted, the criminal complaint says.

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Minister's remarks 'insensitive'

APOLOGY

McCallum said Syrian refugees' food bank use is 'cultural'

Immigration Minister John McCallum says his suggestion there's a cultural element driving Syrian refugees to food banks was insensitive and he regrets it.

Food banks from Halifax to B.C. have reported serving hundreds of Syrians who have come to Canada since November, the month the Liberal government launched a major resettlement program to bring 25,000 people by the end of February and thousands more by the end of this year.

The question of why came up Wednesday at a Senate committee studying the refugee resettlement program and McCallum initially pinpointed two reasons: the fact refugees do not have high levels of income upon arrival and something else. "There may be a cultural element," he said. "You have to remember the refugees are coming from an entirely different world."



Syrian refugees Ziad Zeina, left, and his wife Wafaa Al Safadi leave their new home for a community welcoming gathering with their children, in Queensland, N.S., on April 16, 2016. Immigration Minister John McCallum made comments that there may be a 'cultural element' to refugees flocking to food banks by the hundreds since their arrivals in Canada. THE CANADIAN PRESS

"Our world is very different than their world. Sometimes they have been living in refugee camps; maybe it's the norm to be offered meals. I'm not overly concerned about this."

But later Wednesday McCallum met with reporters outside the House of Commons to take back those remarks.

"The remark I made about food banks I think was insensitive so I regret having made that comment," he said.

To date, about 27,000 Syrian refugees have arrived in Canada, spread among nearly 300 communities.

About 15,000 are government-assisted, meaning they

receive a year of income support from the federal government linked to the size of the family and provincial social assistance rates.

For the 9,400 privately sponsored Syrians, their income is provided by private groups who are expected to provide the same level of support as

social assistance rates as well, if not more.

The rest of the Syrians who have arrived have their costs shared between the federal government and private sponsors.

McCallum said the fact Syrians, or any Canadians, are using food banks raises broad issues about the adequacy of income levels.

"I think the fact we need food banks as a country at all says something to questions of inequality of income distribution."

McCallum's remarks to the committee drew instant criticism.

"I'm very surprised by the word cultural element of going to food banks," said Conservative Sen. Salma Ataullahjan, who came to Canada from Pakistan in 1980. "I thought people go to food banks if you don't have enough food."

Another challenge linked to the income levels of government-assisted refugees has been finding housing they can afford. Private sponsors often line up accommodation for their new charges but government-assisted refugees work with settlement agencies to secure a spot.

THE CANADIAN PRESS

POLITICS

Brouhaha in House of Commons

Rebecca Williams
Metro | Toronto

Prime Minister Justin Trudeau and NDP Leader Tom Mulcair got into a heated exchange in the House of Commons on Wednesday as MPs gathered to vote on the Liberal government's controversial assisted-dying bill.

Video shows Trudeau taking the arm of Opposition Whip Gordon Brown in the crowd of MPs before the argument erupts.

Mulcair is shown yelling in the direction of Trudeau as the prime minister walks towards the NDP leader.

MPs then get between the two in apparent effort to separate them.

Trudeau, who physically took Brown by the arm, later told the House that he was trying to help the Opposition Whip as MPs were blocking the whip from his seat.

NDP House Leader Peter Julian accused Trudeau of "manhandling" Brown and MP Ruth-ellen Brosseau told the House that she had been "elbowed in the chest" by the prime minister.

Trudeau got up to "apologize unreservedly" for the altercation.

While fights in Parliament are fairly rare in Canada, they aren't in other parts of the world.

In Taiwan in 2013, a bench-clearing brawl erupted in parliament over a debate on a nuclear power plant proposal.



Trudeau and Mulcair in a heated exchange. SCREENGRAB

EQUALITY

Whoa, Nellie: McClung top choice for female banknote

Braeden Jones
Metro | Winnipeg

Roughly one-in-four Canadians think Nellie McClung should be the first woman outside of the royal family to look back at them from a domestic banknote.

For obvious reasons, the chairperson of the Nellie McClung Foundation, Lila Goodspeed, would count herself among them; but she notes choosing McClung could also

loan itself to a lighthearted nickname for the bill.

"Coins have a name, so it could well be that (the new bill) does too," Goodspeed said. "You could do all kinds of things with a 'Nellie,' couldn't you? Something like: 'I'll bet a Nellie on that.'"

The Angus Reid Institute research group reached 1,517 Canadians through an online survey in May, and found 27 per cent would like to see McClung on their money.

Among female-only re-



Nellie McClung re-imagined on the Canadian \$100 bill.

ILLUSTRATION BY ANDRES PLANA/METRO

spondents, McClung was even more popular as 32 per cent — or one-in-three — named her as their top

choice.

Her granddaughter, Caitlin McClung, said that support is indicative of how Nellie's

legacy endures.

"It speaks to the universality of her values and the causes that she not just championed, but pioneered," she said.

A member of the 'Famous Five,' McClung won recognition of women's legal status as 'persons.'

During the 100th anniversary of women winning the right to vote in Manitoba — a movement McClung pioneered — her granddaughter says it makes sense she would be in the lead, in terms of public opinion.

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SOUTH AMERICA

Two more quakes hit Ecuador

Two powerful earthquakes jolted Ecuador on Wednesday, causing one death and injuring dozens.

Neither appeared to have caused serious damage but the government decided to cancel school nationwide as a precaution. In Guayaquil, office workers fled into the streets after the second quake.

Both tremors were centred along the Pacific coast near the epicenter of last month's magnitude-7.8 quake and rattled homes as far away as the capital, Quito.

Wednesday's initial shake was a magnitude-6.7 quake that struck before 3 a.m., and that was followed by a 6.8 tremor around midday.

President Rafael Correa said one person died in Manabí province in confusing circumstances that were still being investigated. At least 85 people were injured, two of them seriously.

"These sorts of aftershocks are normal but that doesn't mean they're not scary and can cause damage," Correa said in a televised address after the first quake. He added that aftershocks of this magnitude were normal for up to two months after a major quake like the one Ecuador experienced in April.

The president said that while some previously ravaged homes suffered more damage, most of those structures had already been evacuated and no buildings collapsed.

The magnitude-7.8 earthquake on April 16 was Ecuador's worst natural disaster in decades, killing 661 people and leaving more than 28,000 homeless. It has been followed by hundreds of aftershocks, at least five of them of magnitude 6.0 or higher.

THE ASSOCIATED PRESS

IN BRIEF

Earth's heat stuck on high
Thanks to a combination of global warming and an El Niño, the planet shattered monthly heat records for an unprecedented 12th straight month, as April smashed the old record by half a degree, according to federal scientists. And more heat meant record low snow for the Northern Hemisphere in April, according to NOAA and the Rutgers Global Snow Lab. Snow coverage in April was 890,000 square miles below the 30-year average.

THE ASSOCIATED PRESS

Traumatized Chibok girl reunited with her mother

NIGERIA

19-year-old is first to be recovered since kidnappings

One of the teenagers kidnapped by Boko Haram extremists over two years ago from a boarding school in northeastern Nigeria has been found with a baby and was reunited with her mother, a doctor said Wednesday — the first of the Chibok girls to be recovered since the mass abduction.

The 19-year-old woman, de-

scribed by an uncle as traumatized by her experience, was found wandering with her baby on Tuesday on the fringes of the remote Sambisa Forest, which is located near Nigeria's border with Cameroon.

The news gave hope to the families of the 218 girls who are still missing and may provide information as to their whereabouts.

But the young woman told her mother that some of the Chibok girls have died in captivity and the others still are being held, according to her family's doctor, Idriss Danladi, who spoke to The Associated Press after talking with the mother.



This image from video posted by Boko Haram purports to show the kidnapped Chibok schoolgirls. THE ASSOCIATED PRESS

On April 14, 2014, Boko Haram stormed and firebombed the Government Girls Secondary School at Chibok and seized 276 girls preparing for science exams. Dozens managed to

escape in the first hours, but 219 remained captive.

The young woman is the first of those captives to be found since the kidnapping, which grabbed worldwide attention

and put a spotlight on the violence of Nigeria's homegrown Islamic extremists.

"God reigns!" one of the founders of the Bring Back Our Girls movement, Oby Ezekwesili, trumpeted on social media. "OUR #ChibokGirl ... IS BACK!!!!!! #218ShallBeBack because #HopeEndures."

At least 16 of the girls' parents have died since the kidnapping, Bitrus said.

The inability of Nigeria's government and military to rescue the girls led, in part, to last year's electoral defeat of President Goodluck Jonathan, who was seen as uncaring.

THE ASSOCIATED PRESS



Two Sri Lankan landslide survivors stand on the mud holding their sandals in hand and look at the patch visible on a mountain after a landslide in Elangipitiya village in Aranyaka north east of Colombo, Sri Lanka, Wednesday. THE ASSOCIATED PRESS



A Sri Lankan landslide survivor carries her dog as she walks on the mud. THE ASSOCIATED PRESS

SRI LANKA LANDSLIDES

'I opened my door. I could not believe my eyes'

Soldiers and police used sticks and bare hands Wednesday to dig through enormous piles of mud covering houses in three villages hit by massive landslides in central Sri Lanka, with hundreds of families reported missing.

By evening, rescuers had pulled 17 bodies from the mud and debris unleashed by several days of heavy rain across the island nation. Officials said the extent of the tragedy was still unclear, but the Sri Lankan Red Cross said at least 220 families were unaccounted for.

"The task is to figure out what

happened to them," the Red Cross said in a statement, noting that some people may have left after local officials warned earlier this week of possible landslides.

Heavy fog, rain, electrical outages and the loose ground were complicating efforts to search for survivors. As night fell, the rescue operation was suspended until dawn. Officials warned that, with rain still falling, more landslides could occur in the area.

Villagers said torrents of muddy water, tree branches and debris came crashing down

around their homes Tuesday in the three villages, located at different heights on the same hill in Kegalle District, about 72 kilometres (45 miles) north of Colombo.

"I heard a huge sound like a plane crashing into the Earth," said 52-year-old A.G. Kamala, who had just returned to her house in one of the villages, Siripura, when the landslides hit. "I opened my door. I could not believe my eyes, as I saw something like a huge fireball rolling down the mountain."

Near the village of Elangipitiya — furthest down the hill

— soldiers carried bodies to a school, where families waited for news of missing loved ones.

Farmer Hewapelage Lal said he had identified the body of his nephew, but that 18 other family members were possibly buried under the mud. He and his wife had left their home to take fruit to a daughter who lived elsewhere, but at some point his wife turned back.

"That was the last time I saw her," Lal said, sobbing. When he heard of the landslide, he rushed home but found the area covered with thick, heavy mud. "All I could do was scream."

Officials could not give the populations of the villages of Siripura, Elangipitiya or Pallegage, but such villages typically include 1,000-1,500 residents.

In Elangipitiya alone, where 14 bodies were recovered Wednesday, about 130 people were still missing, according to Maj. Gen. Sudantha Ranasinghe, who was co-ordinating rescue efforts.

Hundreds of stunned villagers took shelter in four temporary camps set up in schools and a Buddhist temple, where they were being given food, blankets and basic medical treatment.

THE ASSOCIATED PRESS

\$1.43 million

Tax deadline goof may have cost the Canadian Revenue Agency big money in lost interest.

The taxman had to forgo as much as \$1.5 million in interest when the Canada Revenue Agency extended last year's tax filing deadline after mistakenly giving the wrong date.

Agency officials estimated that moving the income-tax returns deadline to May 5, from the usual April 30 midnight deadline, meant \$1.43 million in lost interest from Canadians who filed their taxes late over those five days, according to documents released under the Access to Information Act.

The information comes more than a year after Torstar News Service first requested details about the error that likely resulted from repeating an old message, or possibly copying and pasting information from 2014, when a five-day extension was granted to taxpayers due to a hacking incident.

The \$1.43-million figure assumes all tax payments — totaling \$2.09 billion — were late by five days, based on a five-percent interest rate, but the CRA said it has no way of knowing what the true financial impact was. By May 6, it had received 24.7 million individual tax returns, in line with projections.

The \$1.43-million estimate was provided to show "a worst-case scenario," CRA spokesman David Walters said in an email.

"It is not possible to determine the exact cost as we do not know when individuals would have filed and paid their taxes, if the extension had not been granted," Walters said.

Last April, the agency did not disclose cost implications, stating that "given the extended period is short, and most taxpayers filed by April 30, the costs resulting from the filing

extension will be negligible."

Immediately after the deadline was extended, Torstar News Service filed two separate requests for information under the Access to Information Act. One asked for the financial implications of lost revenue related to the extension, which was released last week as part of 38 pages of documents, while the other asked how the mistake was made and discovered.

That request is still outstanding, though the released documents hint at how the error was made.

Even though income taxes are due April 30 annually, the CRA has a long-standing practice of giving Canadians who file electronic returns a five-day grace period in case of transmission problems or technical difficulties.

The grace period message

is posted on the EFILE webpage annually and sent to approximately 45,000 tax preparers indicating that if they have transmission errors, late filing penalties will not be assessed as long as the tax return is submitted within five business days of April 30.

"The grace period message is considered to be routine in nature and is posted on the EFILE webpage annually. It is sent to EFILERS using an email distribution system," reads a draft report dated May 4.

In another draft report, dated June 2, the agency said: "This year's message was posted on the CRA website on Friday, April 24, 2015. It was incorrect and provided an extension of filing deadline for all, similar to the message that went out last year where a filing extension was



ISTOCK

given due to heartbleed," the document reads.

"Heartbleed" refers to the Heartbleed Bug, a software flaw discovered in 2014 that could expose online passwords and sensitive personal information.

TORSTAR NEWS SERVICE

SEXUAL ASSAULT

CIBC chief reiterates policy on harassment

The CEO of CIBC sent a note to all employees Wednesday, reiterating the company's non-tolerance for workplace harassment after a former worker filed a wrongful dismissal lawsuit against the bank and a former executive director that alleges she was sexually assaulted and harassed.

Diane Vivares, a former associate in the bank's equity markets group, is seeking more than \$1 million in damages from CIBC World Markets and Kevin Carter, a former executive director at the bank.

In a lawsuit filed with the Ontario Superior Court in December, Vivares alleges Carter sexually assaulted her at a company Christmas party in 2007 by shoving his hand down her skirt twice.

Carter denies the allegations in his statement of defence.

Vivares claims the bank also failed to protect her from future instances of sexual harassment, instead allowing a "sexually poisoned and toxic work environment" to develop.

THE CANADIAN PRESS

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DESMOND COLE ON MIGRANT LABOUR



We are treating the migrant workers who grow and harvest our food like disposable, subhuman units of labour.

When Sheldon McKenzie suffered an ultimately fatal head injury on an Ontario farm in January 2015, his recovery should have been the main concern.

Instead, a liaison officer with the Jamaican consulate reportedly made great efforts to have McKenzie sent back to his native Jamaica as soon as possible. McKenzie was a migrant worker from Jamaica, one of thousands who come to Canada every year under the Seasonal Agricultural Worker Program (SAWP).

Injured workers are bad for business and their experiences threaten the program's reputation in the Caribbean and Latin America countries where workers are recruited. Evidence suggests many workers who are hurt or become ill while in Canada are simply sent back home.

This year marks the 50th anniversary of the SAWP. Its shameful legacy needs to be addressed: we are treating the migrant workers who grow and harvest our food like disposable, subhuman units of labour.

McKenzie died in a Windsor, Ont. hospital last September — he was 39 and leaves behind a wife and two teenage daughters. His Canadian relatives say he would likely never have received treatment here if not for the family's advocacy. According to Marcia Barrett, McKenzie's cousin and a Winnipeg resident, the Jamaican consulate liaison initially told the

family McKenzie had suffered a stroke, not head trauma related to a workplace injury.

Barrett claims that same official told her McKenzie was available for so-called "medical repatriation," and repeatedly checked with doctors to see if the injured worker, who had portions of his brain removed because of swelling and internal bleeding, was healthy enough to be flown to Kingston, Jamaica.

in Canada.

"I was 100 per cent confident he'd be sent home if we were not there," said Barrett. "Why would you tell the family about medical repatriation? Why are you asking when his bone flap will be in place? This man was there fishing around, asking when Sheldon could be moved."

Barrett described her late cousin as "a very giving, happy, delightful young man."



Sheldon McKenzie, a migrant farm worker who died last year, suffered a severe head injury on the job. His family claims government officials subsequently pressured them to take the worker back to Jamaica. FACEBOOK.COM

Under the SAWP, foreign-consulate liaisons and farm employers work together to decide which workers stay in Canada, which ones should be sent home and which can return the following season.

Injured workers like McKenzie are of no further use to their bosses, or to Canada, and when their work permits expire, so do their health and Employment Insurance benefits. The SAWP exploits the labour of healthy workers and spits out those who become ill or injured while on the job

She said the 12 years McKenzie spent travelling to Canada from Jamaica for work helped him raise a family, but they don't excuse the way he was treated in the months following his accident.

"The program was a great income blessing to my family, but just because you're working hard for something doesn't mean you should be abused," Barrett said.

MaryAnn Mihychuk, the federal minister of Employment, Workforce Development and Labour, said this

week she found it "shocking" that Canada doesn't track the fate of migrants workers who are injured here, and is vowing to review the SAWP.

According to a study by the Canadian Medical Association Journal, nearly 800 migrant workers were fired and sent home for medical reasons between 2001 and 2011. We don't know how many of these workers died because our government, in its indifference to the workers' lives, has failed to keep count. In fact, migrant advocate Chris Ramsaroop fears that prior to 2001, Canada did not even properly record the number of farm workers who were sent home due to illness or injury.

"There's never been an inquest into the death of a migrant worker," Ramsaroop informed me in a phone interview. "We need to know what happened, not only in Sheldon's case, but in the case of every farmworker who has died."

Ramsaroop also pointed out that most of the workers in the SAWP are black and brown men from the global south.

"This is a legacy of both slavery and indentureship. It's no coincidence that the same black and brown people that underwent slavery and indentureship are also going through this today."

In her review, Mihychuk will have plenty to consider: workers currently lack permanent immigration status, full health coverage, and access to Employment Insurance (even though EI payments are deducted from their wages).

Hopefully, she starts from the principle that migrant workers deserve the same protections as any Canadian labourer.

Desmond Cole is a Toronto-based journalist.

ROSEMARY WESTWOOD

If we're really going to legalize pot, we need to own up to a few things

Dear pot smokers: Please don't f---k this up.

We are on the verge of legalization. This is a pivotal moment in our country. And some of you — actually statistically about half of you — are ruining it. In a recent survey, conducted by State Farm, 44 per cent of marijuana users said they don't think the drug impacts their ability to drive a car.

Come on, you'd have to be high to believe that. I'm a little sad to have to spell this out for you, but if pot didn't have an effect on your brain, you wouldn't use it. It might be green and fuzzy like a muppet, but it's a drug. Please treat it like one.

At least agree that limits to THC levels, as with blood alcohol, are good. Perhaps you need evidence: While much more research needs to be done on marijuana and its impact on the body (and undoubtedly will be, once pot is legalized), a 2009 meta-analysis from Yale and a 2015 study from the National Institute on Drug Abuse in the U.S. both showed that being stoned makes you a worse driver. If that surprises you, please re-read from the beginning. Maybe you got distracted by a flea.

The whole saviour complex some of you have with weed really needs to stop. You can't advocate for its

medical effectiveness on one hand, and its lack of bodily effects on the other. You know the cliché that stoners are dumb? Please don't give it statistical grounding. For example, don't say, as 20 per cent of you did in the survey, that you will never stop driving high.

Also — please consider a different spokesperson than can usually be found at a 420 rally: the middle-class rasta wannabe college white guy with a phallic joint the size of a banana.

That guy is not the reason this country needs to legalize pot. His individual desire to get baked pales in comparison to our country's need to save the estimated \$1.2 billion we spend every year enforcing marijuana-possession laws. Or our need to avoid tens of thousands of arrests, and the impact they have most especially on people who can't afford a slick lawyer and those racially targeted by police. Nevermind how unimportant rasta-dude's carefree toking is compared to someone's search for relief from chronic pain.

You know that feeling when you're out of rollies? That's how I feel right now. Disappointed. Pot legislation is only a year away. I should be feeling good. Please stop crushing my vibe.

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Injured workers are of no further use to Canada, and when their work permits expire, so do their health benefits.

Conservationists are worried Finding Dory will spike consumer demand for pet clownfish. It happened after the popularity of Finding Nemo and today more than 1 million clownfish are taken from their reefs for home aquariums.

An account that can't just be deleted

INTERVIEW

Lindy West is ready to leave Twitter after facing her past

Sue Carter
For Metro Canada



When Lindy West was young, there were few signs that she would grow up to become a vocal feminist icon, online warrior and activist for the fat-acceptance movement.

That's one of the few surprises in her debut book, *Shrill: Notes from a Loud Woman*, in which West describes how she evolved from a clinically shy "terror-stricken mouse person" who peed her pants in Grade One out of fear of asking to go to the washroom, to an "unflappable human vuvuzela."

Written with West's signature wry comedic style, *Shrill* is both a heartfelt memoir and a passionate manifesto, revealing much more of her emotional life and, by extension, her vulnerability than she ever could — or wanted to — in a newspaper column, blog post or tweet.

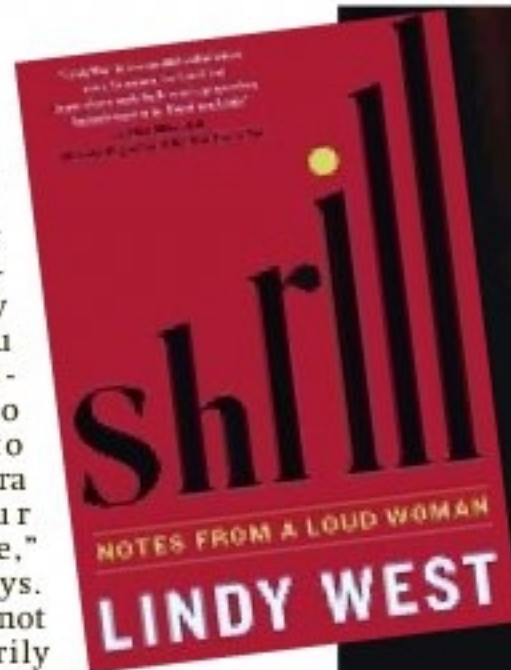
"I've written really personal

things, but never quite this personal. Writing a memoir really gives you permission to dig into the viscera of your own life," West says. "There's not necessarily a place to do that in political and pop-culture writing. So okay, I'm going to analyze and tackle myself."

As her own subject, the Portland writer had to research her life, reliving some painful times, including the death of her beloved father.

When West found her childhood diary, it took her about four months just to crack it open.

"I didn't want to confront those feelings," she says. "I didn't want to discover that I was wrong about the way I remember things because that's a weird, disorienting feeling. But you have to fact-check your life."



Feminist icon Lindy West refused to give in to the social media trolls. COURTESY JENNY JIMENEZ

Equally as painful are the book's descriptions of the vitriol she experiences as a Twitter celebrity. West's success has risen with online culture, from her time as a columnist at feminist website Jezebel back to her early days as a film critic for the Seattle alternative newspaper *The Stranger*, working under famed editor

Dan Savage.

A chapter in the book details a challenging time in their relationship during which West called him out for his views on fat women (Savage has since come around and now consults West and others on being sensitive toward the topic before writing.)

To say that West has a com-

plicated relationship with the internet is a giant understatement.

Her views on topics like misogyny in stand-up comedy and abortion have made her a constant target for trolls who attack her with gleeful violence. But *Shrill* makes clear that despite their efforts and the effect it's had on her life, West



I'm curious to know what it would feel like to not have a constant drip of toxicity into my arm 24/7

Lindy West, on Twitter

has landed on top. Which is perhaps why she is contemplating giving up Twitter and more than 68,000 followers.

"I'm really ready to be done. I didn't want to quit at the height of being trolled and harassed because that's what they want. But I don't know that it adds much to my life anymore," says West. "I don't think that's good for me or my career anymore, and I'm curious to know what it would feel like to not have a constant drip of toxicity into my arm 24/7."

Even if West disappears from social media, don't expect she'll give up the fight, or writing.

"I have lots and lots of choices and no plans," she says. "It's a fun place to be. The future is all opportunity."

Sue Carter is the editor at Quill & Quire magazine.

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Metro's WILDERNESS SURVIVAL GUIDE

The Victoria Day long weekend is the unofficial kickoff to summer and a tempting time to venture out on excursions. But what if things don't go as planned?

LIZ BROWN/METRO

The wilderness is, well, wild. And given the chance, it will try very hard to kill you. It's an easy thing to forget as you pack for an outdoor adventure surrounded by the comforts of civilization.

Metro spoke to Nick Buck, head instructor of the British Columbia-based survival school Survival In Canada who shared a few simple tips for what to do when your wilderness adventure travels up—t creek.



SHARE YOUR PLANS

Let people know about your trip. "You can't get lost if people know where you are," says Buck. Write down the details and give them to friends or family members. Include when you're leaving, where you're going, your planned routes and when you expect to be back. Let these people know you'll call them when you return and if you don't call them, they're to call you. "If a rescue party does need to go out and search for you at least they'll know where to look," says Buck.



YOU'RE LOST

Stop and stay calm. "You're probably not as lost as you think you are," says Buck. Mark the spot where you're standing with ribbon and then wander around the local area looking for the trail you've lost while continuously keeping the ribbon in sight. If you can't find the trail or figure out where you're supposed to be going, you'll need to hunker down and wait for someone to find you. "The good news is 90 per cent of survival situations are resolved within 72 hours," he says.



YOU'RE HYPOTHERMIC

According to Buck, the biggest risk people face in a survival situation is hypothermia. "Your body operates in a narrow temperature band and if it's out of that band for about three hours then you're in trouble," he says. If you're wet, change into dry clothes and focus on starting a fire.



YOU NEED SHELTER

A shelter from the wind and rain is crucial for preventing hypothermia as well. It doesn't need to be fancy. Tie paracord between two trees and hang a clear plastic drop sheet over the top about one metre away from your fire to create a makeshift tent. Buck recommends clear plastic because it captures the heat from the fire and creates a 'microclimate.' "I've stayed in a shelter like this overnight in -27 degrees Celsius," he says.

THE FIVE Cs OF SURVIVAL (DON'T LEAVE HOME WITHOUT THEM)



1 Cutting device: A pocket knife

2 Combustion device: Buck recommends bringing and learning to use a ferro rod (a man-made metallic rod that produces sparks when scraped across a rough surface) and packing cotton pads and petroleum jelly. "You make a sandwich out of two cotton pads and a blob of petroleum jelly and light one spark on it and it'll burn for 10-15 minutes," he says. This gives you time to get wood burning.

3 Cordage: Paracord can be purchased at any outdoor supply store and makes building a shelter easy. Learning to tie a few knots can come in handy, too.

4 Container: A metal (not plastic) canteen for carrying and boiling water.

5 Cover: A clear plastic drop sheet for building a shelter. Buck also recommends bringing a couple of garbage bags that can be stuffed with leaves to create a makeshift mattress to prevent the loss of body heat from lying directly on the cold ground.

OTHER MUST-HAVE EMERGENCY ITEMS:

- A water filter like a Life Straw or water purification tablets
- A change of dry clothes, stored in a dry bag or freezer bag
- Ribbon to mark the trail in case you get lost



YOU NEED WATER

Boiling water will kill all biological pathogens, so you need to carry a metal canteen that can be heated. Carrying chlorine tablets or a portable water filter like a Life Straw is also a good idea. "You can survive about three days before you die of dehydration," says Buck.



YOU NEED FOOD

"Food is your last concern," says Buck, adding humans can survive an average of three weeks in the wild without food. "And forget the Rambo bulls—t, you're not going to be hunting and skinning wild animals to cook on a stick," he says. Pack an emergency stash of high energy foods like trail mix and protein bars. Buck also recommends learning to identify the "three plants that will mess you up" and the three plants you can eat in the area where you will be travelling.

When you fall in love with a killer

INTERVIEW

Memoir tells of romance with prison bars between

Acclaimed writer Diane Schoemperlen doesn't know exactly why she fell in love with a murderer.

"Why do you love anybody?" she says in an interview. "It's not rational, it's not logical."

As she writes in her new book, *This Is Not My Life: A Memoir of Love, Prison, and Other Complications*, Schoemperlen didn't intend on getting into a nearly six-year relationship with a federal inmate — identified by a fake name, Shane — in Kingston, Ont.

They met while he was serving a life sentence for second-degree murder in a minimum-security prison, which allowed inmates to do escorted work in the community. Schoemperlen, who won a 1998 Governor General's Literary Award for *Forms of Devotion*, met him while volunteering at a hot-meal program where he worked in the kitchen.

"I grew up in the working class and perhaps that does help a person to not be judgmental," says Schoemperlen, who was raised in Thunder Bay, Ont.

"I don't look at people and judge them by what they have or what kind of cars they drive. ... I think also being a writer, I hope that means that I can look beyond the surface and beyond the labels."

Schoemperlen writes that Shane was intelligent, funny and an avid reader. In his late 50s, he was also handsome and had a tattoo of a teardrop under his eye.

They became close when she volunteered to be one of his driving escorts to and from the Frontenac Institution on his community work days.

The two started carrying on conversations by phone. Within a year, they'd struck up a relationship.

When Shane was granted day parole three decades after first being convicted, they were able to take their relationship to the next level. But Schoemperlen eventually realized

it wasn't a good situation for her — and that the outside world wasn't an easy place for Shane.

"I didn't really understand what institutionalization actually meant and that the skills that a prisoner learns that help him survive in prison are the exact opposite of what he needs to do to survive out here," says Schoemperlen.

"So that's something that I would say to all women who are with prisoners. I believed mistakenly that as soon as he got out, a lot of the problems would be solved. How naive was that?"

"Because in fact everything got worse and I didn't understand how hard it was for him. I didn't understand that his coming out into the so-called free world after 30 years in prison was as scary and shocking and weird as if you or I suddenly ended up being sent to prison tomorrow."

Schoemperlen advises others in such a relationship to "be careful and try to think clearly."

"No matter how much you love him, you may not be able to make the relationship work, because you're fighting not only whatever issues he might have personally but you're also fighting the damage that has been done to him, particularly if he's served a long sentence by being in prison."

Schoemperlen says she hasn't had any contact with Shane since their relationship ended, so she doesn't know if he has read or will read the book.

She wanted to write it to disprove the stereotypes about prisoners and the people who fall in love with them.

She also wanted to address the politics surrounding the prison system in Canada.

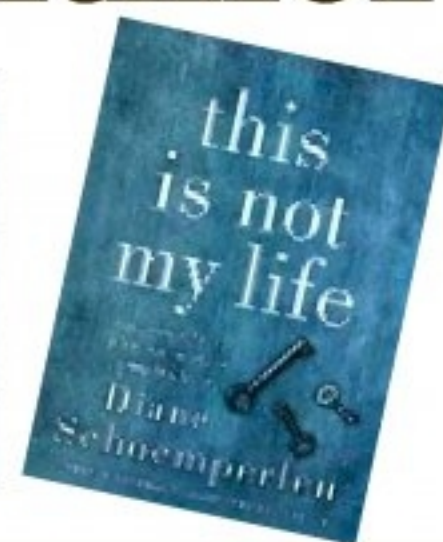
"I hope that one of the things people will get from this is that we should all care about the prison system, if only because 99 per cent of the people who are in prison right this minute are going to get out some day and they're going to come into our communities," she says.

"And if they haven't had proper programming and psychological help along the way, there are going to be more crimes and there are going to be more victims."

THE CANADIAN PRESS



Illustration from *This Is Not My Life*, by Diane Schoemperlen. RAFFI ANDERIAN/ILLUSTRATION



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The skills that a prisoner learns that help him survive in prison are the exact opposite of what he needs to do to survive out here



Stunning shore views

JEDDORE SHORES



CONTRIBUTED

Project overview

Jeddore Shores is an ocean-front community with 20 single family lots from two to six acres in size. These fully treed properties are ideal for cottages, summer, or year-round homes. The privacy of these large lots is truly one a kind.

Housing amenities

Open concept living areas, soaring ceilings and windows allow for full enjoyment of the beauty of direct ocean views. The exteriors feature Cape Cod or cedar shake siding. Other features include custom kitchens and heat pumps for efficient heating and cooling.

Location and transit

Jeddore Shores is located in the heart of the Eastern Shore. Take Marine Drive, then West Jeddore Road to Quinlan Drive. Far enough to get away from it all, but close enough to enjoy, Halifax is just a quick commute away.

In the neighbourhood

With deep water anchorage, this is the perfect location for mooring larger watercraft and perfect for paddlers too. Hikers won't be disappointed by the abundant trails and places to explore nearby.

+ NEED TO KNOW

Developer: Rysco Developments
Builder: Stonewater Homes
Location: Jeddore, Eastern Shore — Marine Drive to West Jeddore Road to Quinlan Drive
Pricing: Starting from the low \$200,000s.
Homes: Custom home plans available. Eight ocean front

and two ocean access lots available.
Status: Lots are currently available to start a custom home build.
Sales Centre: 3096 Highway 2, Fall River
Phone and website: 902-435-1144, stonewaterhomes.ca

DESIGN

When moving in together, couples learn to compromise

For couples setting up a new home together, it's a challenge: how to merge two sets of stuff and two decorating styles into one space they both can love.

"Emotions get really high when it comes to your belongings if the person you're choosing to spend the rest of your life with doesn't love what you love," says stylist Marianne Canada, host of the HGTV *Afternoon* web series.

In our increasingly design-savvy world, many people come to coupledom with a clear idea of how their home should look.

Even when couples try to accommodate conflicting tastes, they run into the space issue.

"Most of us just don't have room for two full households together," Canada says. "You have to make some choices."

Here, Canada and two other interior designers — California-based Betsy Burnham and Florida-based Laura Burleson — offer advice on mixing, matching and peacefully negotiating a merger of two homes.

Claim your favourites

Each person probably has a

few treasured pieces of furniture or art that they can't imagine living without. Burnham suggests that partners agree to each keep perhaps three or four of these pieces in their shared home. If one partner truly dislikes one of the other's absolute favourites, consider changing the piece a little through painting or reupholstering.

Go with the contrast

Once those favourite pieces are chosen, Burnham suggests creating a clean slate by paint-

ing the walls a crisp white or a white shade with just a hint of colour. Then look at all the remaining furniture against this new backdrop as though you were shopping. Rather than trying to group items that are similar, experiment with pairing those that contrast. All three designers say contrast can be the best part of decor. Couples merging two households "have such a leg up, design-wise," says Burleson, because they can creatively mix and layer a wide range of decor into one stylish space.

Try new locations

As you assess your remaining furniture and accessories, consider placing things in rooms where they've never been. "You don't have to make that big leather recliner work in your traditional living room," Canada says, even if that's where it's always been. What about using it in your bedroom for late-night reading? Small dressers can serve as end tables or sideboards, while end tables can be used as bedside tables. Living room seating can make a guest room cozier, while a

kitchen table can add extra dining space to a family room.

Shop together

Buying a few new pieces can tie together a couple's shared decor and help both partners feel at home. "Maybe they go shopping," Burnham says, "and they find some great vintage rugs that neither one of them knew they loved." This includes accessories and artwork: Canada suggests buying one powerful piece of art to be a focal point in your newly shared space. THE ASSOCIATED PRESS



Michael Bisping has stepped in for the injured Chris Weidman to challenge Luke Rockhold for the middleweight championship at UFC 199

Relying on resiliency

RAPTORS CLEVELAND LEADS 1-0

Dinos in familiar spot having lost series opener

The Toronto Raptors have been here so many times, it's almost become their comfort zone.

The day after being throttled by Cleveland in the opener of their first-ever Eastern Conference final, the Raptors find themselves having to claw back from behind, and hope that recent history means something.

The Raptors dropped a horrific 115-84 decision to the Cavaliers on Tuesday night. But they've lost every Game 1 of this post-season, and are 6-0 in games after losses.

"I see these guys, I see it in their eyes, and we're a very resilient team and we always come back

LeBron James was 11-for-13 from the field in Game 1. GETTY IMAGES

strong," general manager Masai Ujiri said.

"There are going to be blow-out games, and in the playoffs, every single game is different.

"We just have a resilient team. These guys fight, they're going to have ups and downs, and I think they've fought through some down times in the playoffs and this year. They respond well."

Things couldn't go much worse than they did Tuesday at Quicken Loans Arena. One telling statistic: the Cavaliers held Toronto's all-stars Kyle Lowry and DeMar DeRozan to zero free throw attempts between them. In the 298 games that Lowry and DeRozan have played together, that had never happened.

"That's a phenomenal number," coach Dwane Casey said. "I'm not very good at math, but that's almost mathematically impossible as much as we drive and kick."

Lowry had been so solid against the Cavaliers in their three regular-season games, averaging 31 points on 66 per cent shooting. But the scrappy point guard was held to



The Cavaliers held Raptors DeMar DeRozan, left, and Kyle Lowry to zero free throws in Game 1. Game 2 is on Thursday. RICK MADONIK/TORSTAR NEWS SERVICE

just eight points Tuesday night.

Asked about that spark in the eye that Ujiri spoke of: "There's always a fire if you get your ass kicked like that."

"You gotta want to win," said Lowry. "We didn't just get here to be like 'OK.' We want to win games. We want to compete. Our competitive nature as professionals, as NBA players is going to be at a high level."

DeMarre Carroll had arguably

"I guarantee you, our effort ... will be way better."

DeMarre Carroll

the toughest job of the night Tuesday in trying to contain LeBron James. The four-time NBA MVP blew by Carroll a few times,

including on windmill dunk in the second quarter that was played over and over on Wednesday's highlight reels.

"He's a physical beast," Carroll said of James. "It's one of those things man, you've just gotta do what you can. I feel like I can do better, especially staying in front of him, try to make tough twos, but I see now that they tried to go straight to the post." THE CANADIAN PRESS

NHL PLAYOFFS

Crosby, Penguins pull away in third

Sidney Crosby, Phil Kessel and Chris Kunitz scored third-period goals, helping the Pittsburgh Penguins beat the Tampa Bay Lightning 4-2 in Game 3 of the Eastern Conference final Wednesday night.

Carl Hagelin snapped a scoreless tie late in the second period and Matt Murray had 26 saves for the Penguins, who took a 2-1 lead in the best-of-seven series.

Game 4 is Friday night at Amalie Arena.

Crosby's power-play goal restored a two-goal lead midway through the final period. Kunitz also beat goalie Andrei Vasilevski from the right circle to make it 4-1.

Tyler Johnson and Ondrej Palat scored for the Lightning. They have lost two straight after winning the series opener in Pittsburgh. THE ASSOCIATED PRESS

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Sevilla team members lift the Europa League trophy on Wednesday in Basel, Switzerland. GETTY IMAGES

FOOTBALL

Sevilla stuns with comeback victory

Sevilla stunned Liverpool with a 3-1 comeback win to take a record third straight Europa League title on Wednesday.

Swept aside in the first half yet trailing only 1-0, Sevilla equalized 18 seconds after the restart with Kevin Gameiro's goal from close range and Coke striking twice in the 64th and 70th minutes.

Liverpool had led on Daniel Sturridge's beautifully curled shot with the outside of his left foot in the 35th.

Defeat leaves Liverpool with no European football next season

EUROPA LEAGUE FINAL



and dealt coach Juergen Klopp a fifth straight loss in a cup final.

Victory in the second-tier competition, the fifth time in 11 seasons, lifts Sevilla into the Champions League group stage next season.

THE ASSOCIATED PRESS

IN BRIEF

Russia could face Olympic ban

The latest allegations of state-sponsored doping in Russia could lead to suspension of entire national federations, heavy fines and lifetime Olympic bans, IOC President Thomas Bach said Wednesday.

Bach declined to say whether the IOC would consider banning Russia entirely from this year's Olympics in Rio de Janeiro.

THE ASSOCIATED PRESS

Judge stops NHL attempt to beat lawsuit

A federal judge has denied the NHL's latest attempt to throw out a class-action lawsuit by former players filed over head injuries.

The league argued the issues raised by former players were covered by the collective bargaining agreement with their union. U.S. District Judge Susan Richard Nelson wrote in her opinion the CBA does not pre-empt legal action.

THE ASSOCIATED PRESS

Djokovic poised for historic achievement

FRENCH OPEN

Nole looking for fourth straight major title at Roland Garros

Novak Djokovic is headed to the French Open knowing a title at Roland Garros will complete a career Grand Slam, something only seven other men have done.

He's already come quite close to adding the Coupe des Mousquetaires to his trophy collection, finishing as the runner-up three of the past four years.

This time, even more is at stake for Djokovic: Owner of a 21-match winning streak at Grand Slam tournaments, the guy nicknamed "Nole" – it's pronounced NO-leh – arrives in Paris with a chance to become the first man in nearly half a century to claim four consecutive major championships.

Roger Federer never did it. Neither did Rafael Nadal, Pete Sampras or Bjorn Borg.

The last man to hold the four most prestigious titles simultaneously was Rod Laver, in 1969, when he scored a true Grand Slam, winning all in one year.

By winning Wimbledon and the U.S. Open last season and the Australian Open this January, Djokovic is on the verge of what could be called a "Nole Slam," a four-in-a-row feat a la the self-styled "Serena Slam" Serena Williams has managed twice. Lately, the No. 1-ranked Djokovic has been nearly unbeatable on any surface, going 119-9 overall since the start of 2015, a .930 winning percentage, with 16 titles. In 2016, he is 37-3 with a tour-high five titles.

"My confidence level is high



Novak Djokovic is looking to become the first man since Rod Laver to claim four straight major championships as he enters Roland Garros. GETTY IMAGES



Serena Williams
GETTY IMAGES

because of the matches – many matches – that I have won this year," Djokovic said, "on (red clay) and all the other surfaces."

But he is coming off a rare loss – on red clay, no less. Djokovic was beaten by Andy Murray in the Italian Open final, the last tuneup for both before the year's second Grand Slam tournament.

Djokovic isn't worried by that result. He knows he was sapped by a couple of difficult victories against Nadal and Kei Nishikori.

"I don't feel that I'm doubtful or I'm shaken up by this loss. Of course, you don't like to lose," Djokovic said. "I move on to Paris

knowing that I'm going to approach it, hopefully, healthy and refreshed."

It would surprise no one if Murray, suddenly the owner of three titles on the slowest surface after winning his two majors on hard and grass courts, was around in the latter stages of the tournament.

"I never expected to be having the results I have been having on clay," the second-ranked Murray said after his win in Rome.

Williams joined Murray as a champion in Italy, picking up her first title anywhere in nine months. And she, like Djokovic, hopes to make history in France.

The 34-year-old American is seeking her 22nd singles title at a Grand Slam tournament to equal Steffi Graf's record for the Open era, which began in 1968. The all-time mark of 24 belongs to Margaret Smith Court.

The French Open is the only major Williams has never won back-to-back, with titles in 2002, 2013 and 2015.

"I have tried to defend there once, twice. ... Didn't quite work so well," the No. 1-ranked Williams said. "But this year is different. I'm going to definitely go in there and feel more calm. And I don't feel stress to, like, have to win." THE ASSOCIATED PRESS

This year is different. I'm going to definitely go in there and feel more calm.

Serena Williams, looking for her first successful French Open title defense this year.

THE TOP 6@6

LAST NIGHT ON 101.3 THE BOUNCE:

- 6 The Chameleons ft. Daya
Don't Let Me Down
- 5 Jason Derulo
If It Ain't Love
- 4 Drake ft. Wizkid and Kyla
One Dance
- 3 DJ Snake ft. Bipolar Sunshine
Middle
- 2 DNCE
Toothbrush
- 1 Nick Jonas ft. Tove Lo
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6	1	4	9	5	2	8	3	7
3	9	8	6	7	1	5	4	2
5	2	7	3	8	4	1	6	9
7	4	2	5	6	3	9	1	8
8	5	3	1	4	9	7	2	6
1	6	9	8	2	7	3	5	4

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RECIPE Lemon Thyme Chicken Salad



PHOTO: MAYA VISNIEI

Ceri Marsh & Laura Keogh
For Metro Canada

This summery salad is bountiful enough to satisfy the meat and potato lovers at your table.

Ready in
Prep time: 15 minutes
Cook time: 30 minutes

Ingredients

- 1/4 cup extra virgin olive oil
- Juice of 1 large lemon
- Zest of 1/2 lemon
- 1 Tbsp of fresh chopped thyme
- 3 chicken breasts
- 6 cups sliced mixed greens
- 2 cups small potatoes, halved, boiled and tossed with oil and salt
- 4 soft boiled eggs, cut in half
- 1 cup thinly sliced carrot
- 1 cup halved cherry tomatoes
- 1 cup diced cucumber
- 1/2 cup shaved Asiago or Parmesan cheese
- 1/4 cup diced green onion
- 1/2 tsp fresh chopped thyme

Directions

1. In a bowl, combine oil, lemon juice, zest and thyme. Pour into plastic bag. Add chicken to bag, seal and refrigerate for at least 15 minutes.
2. Arrange greens on a serving dish. Place potatoes, eggs, carrot, cherry tomatoes, cucumber and cheese in groups on top.
3. Heat grill to medium-high. Remove chicken and place and grill coated with cooking spray; grill 10 minutes or until browned. Turn chicken over; grill 15 minutes or until meat is done. Remove and let stand 10 minutes. Slice chicken into strips and place on top of salad.
4. Sprinkle the entire salad with green onions and fresh thyme. Serve with your favourite salad dressing.

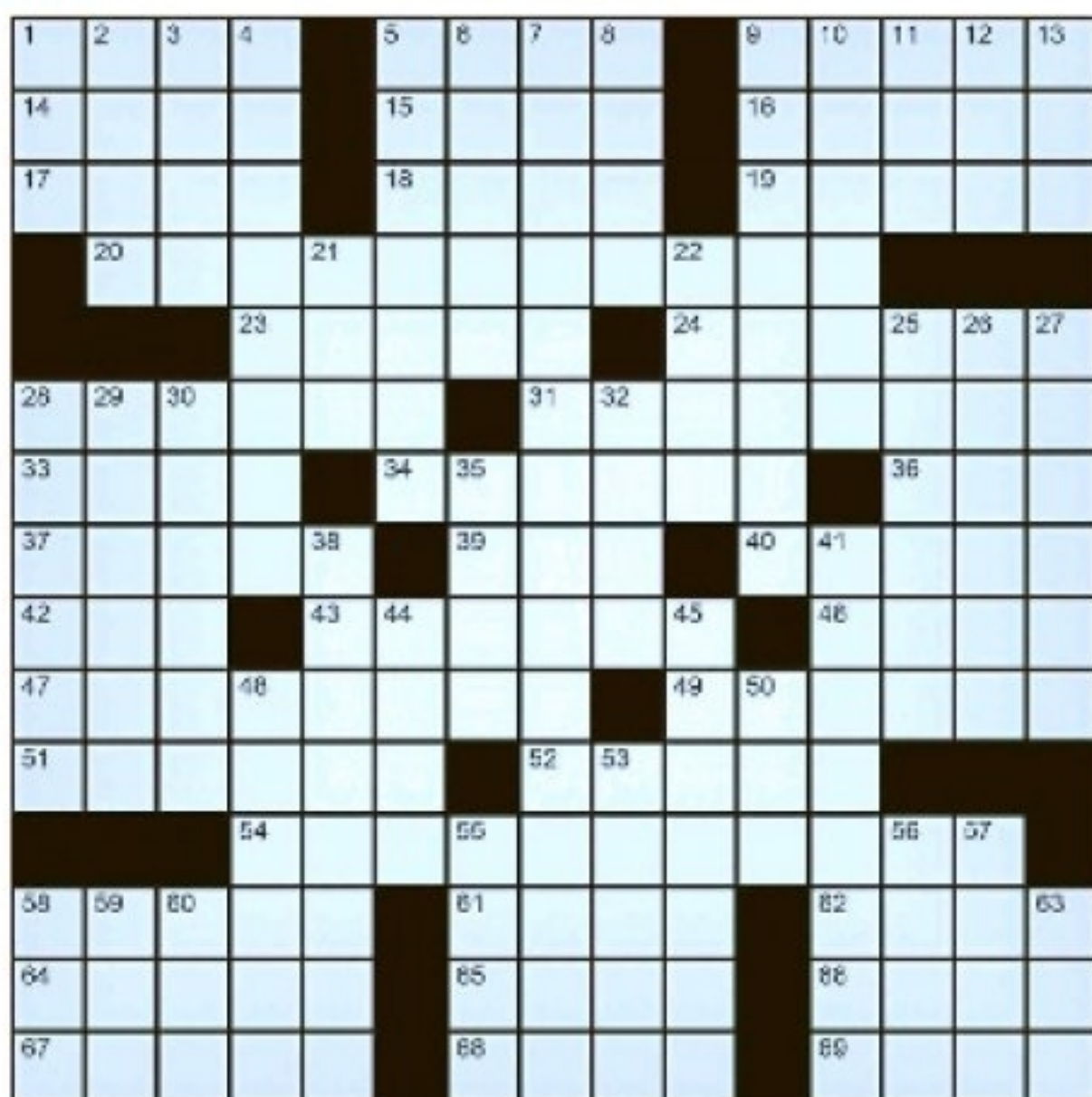
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Poison rocker Mr. Michaels
5. "Feel My Face" by The Weeknd
9. "Time in a Bottle" singer Jim
14. "___ & Stitch" (2002)
15. Pulitzer-winning writer James
16. Summer months in France
17. Marc ___ (Fashion designer)
18. 1899 to 1902 conflict, Second ___ War
19. Hog
20. One of the five 'Mother Sauces' of the culinary arts
23. Green hue
24. Creator of big screen monster Godzilla, Tomoyuki ___ (b.1910 - d.1997)
28. Wipe out
31. Lifts
33. Organic compound
34. Intense injury
36. She's opposite
37. Business days, acronymically
39. Passed in 1867, it made Canada [acronym]
40. Glistened
42. J.R.R. Tolkien creature
43. Out of commission because of an ailment: 2 wds.
46. "Mister Ed" actor Leon
47. Turkey's geographical locale: 2 wds.
49. Taking a prescription: 2 wds.



51. Model/actress Ms. Ebanks
52. Tourist's accommodation
54. Ontario: Musical now playing at the Stratford Festival: 3 wds.
58. Archie Bunker's wife
61. Canadian actress Fiona
62. Ho-hum
64. Bristly hairs
65. The Naked ___ (Goya painting)
66. Stick in one's ___ (Rankle)
67. "___" Us (Chain store)
68. Red-covered

69. Pull along
69. Pull along

69. Pull along
69. Pull along

69. Pull along
69. Pull along

9. Starch-extracted roots for tapioca
10. Ivanhoe's beloved
11. Not 'non'
12. Type of package [abbr.]
13. 'Legal' suffix (Lawyer-speak)
21. Permit
22. Thingy
25. Relaxed/comfortable: 2 wds.
26. Lamented
27. Evaluate
28. Devils
29. Main course
30. Like 'light' food
32. Lei-wearer's feast
35. Baseball stats.
38. The Bounty mutineer, ___ Christian
41. As per #54-Across... Music: Marvin ___ Lyrics: Edward Kleban
44. "Sooo soothing!" (Spa massage reaction)
45. WWII: Conference site in 1945 for The Big Three
48. Lariats
50. First word in Inferno by Dante
53. Mystifying game board
55. Elm: French
56. Ms. Ephron of screenplays
57. Biblical twin of Jacob's
58. "C"___ la vie!"
59. God willing, ___ volente
60. 'Acid' suffix
63. Graduation bird

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Today your focus is on shared property and the wealth of others. Don't be envious, because it's just a waste of energy. Be glad you have what you have.

Taurus April 21 - May 21
You will have to go more than halfway when dealing with others today, because the Moon is opposite your sign. This happens for two days every month. No biggie.

Gemini May 22 - June 21
Your involvement with a pet might be particularly important today. You feel concerned. It will please you to do something so that you feel better organized.

Cancer June 22 - July 23
This is a playful, fun-loving day. You might want to play hooky or take a long lunch. Sports events, social occasions and romantic excursions will appeal. Ooo la la.

Leo July 24 - Aug. 23
You need to cocoon at home or focus energy on your private life. Use this day to take a breather and pamper yourself among familiar surroundings.

Virgo Aug. 24 - Sept. 23
You have a need to relate to others today. This is why you want genuine, heart-to-heart discussions with people, not superficial chitchat about the weather.

Libra Sept. 24 - Oct. 23
Money and cash flow are a concern today. You don't like to discuss your finances with others, but you certainly think a lot about them. And today is one of those days.

Scorpio Oct. 24 - Nov. 22
Today the Moon is in Scorpio, which makes you a bit more emotional than usual. This happens for two days every month. Just chill.

Sagittarius Nov. 23 - Dec. 21
If you can sneak away and get some time alone today, this will please you. You need a moment to pull your act together before you take it on the road.

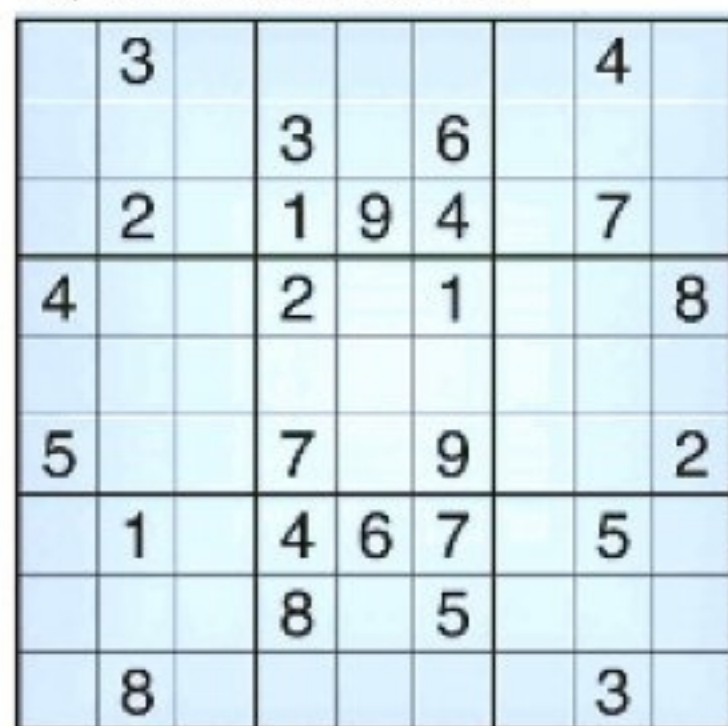
Capricorn Dec. 22 - Jan. 20
A conversation with a female friend could be significant today. You might discuss goals, future dreams or how to move forward with organizational plans.

Aquarius Jan. 21 - Feb. 19
You feel restless and eager for something different today. Therefore, indulge this need. Go someplace you've never been before. Explore your world. Shake it up a little.

Pisces Feb. 20 - March 20
Stay on top of banking, debt, taxes and all that red-tape stuff. Information is power, especially when it comes to your own personal finances. Know what's happening.

CONCEPTIS SUDOKU by Dave Green

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